

## Performance Criteria for an ACHO Crystal Therapy Practitioner

**A Crystal Therapy Practitioner is expected to be able to demonstrate the following as evidence of their professional ability and to show their underpinning knowledge, understanding and acquired skills in the use of crystals as a therapy tool:**

### A. Response to a Request from a Client

*Checked*

1. evaluate requests for services for their appropriateness
2. direct clients to alternative service providers where appropriate
3. communicate verbally or in writing in a manner, level, language and pace appropriate to the individual
4. establish the client's particular requirements through sensitive questioning
5. ensure that any fee structures, charges and different methods of payment are clearly explained and understood
6. explain possible outcomes, charges and duration of services to the client
7. arrange a suitable time and location for the assessment and agree those who legally or of necessity are required to accompany the client
8. explain clearly the reasons for any delay between requests and assessment
9. record arrangements made for the assessment fully and accurately.

### B. Evaluation of the Client's Needs

1. present a professional appearance and be prepared and fit to carry out the assessment
2. ensure that all equipment, materials, and surrounding work area are prepared and meet professional codes of practice, legal and organisational requirements
3. evaluate the client's initial approach and manner to assess their needs
4. introduce the client and any companion to those present and confirm individual roles
5. communicate effectively and in a manner which maintains client goodwill, trust and confidentiality
6. explain the nature, scope and duration of the session
7. inform the client of the records to be made and their right of access to these
8. encourage the client to ask questions, seek advice and express any concerns about the assessment
9. confirm the consent of the client or their companion to the session
10. ensure that the interaction with any companion(s) is appropriate to the needs of the client and yourself
11. respect the client's privacy and dignity throughout the session and ensure they are as comfortable as possible
12. conduct the session in a manner which encourages the effective participation of the client and meets their particular requirements
13. comply with professional and legal requirements
14. explore and establish the client's needs for crystal therapy
15. seek advice and support from an appropriate source when the needs of the client and the complexity of the case are beyond your own remit or capability

16. halt the session at the request of the client or when the information obtained means that it is unsafe to proceed
17. inform the client when additional information is required and obtain their consent to obtain the information
18. evaluate the information obtained for and during the session and determine appropriate action
19. explain the outcomes of the session clearly and in a manner, level and pace appropriate to the client
20. create records in line with professional and legal requirements.

### C. Determination of Appropriate Techniques

1. explain the outcomes of the assessment clearly and in a manner, level and pace appropriate to the client
2. discuss the treatment and potential outcomes with the client, check their understanding and support them to make informed choices
3. explain any restrictions to the use of Crystal Therapy and advise on realistic expectations
4. advise the client when Crystal Therapy is unsuitable and enable them to seek other healthcare advice where appropriate
5. agree the location, duration, costs and timing of Crystal Therapy and make the necessary arrangements
6. recommend and agree action to suit the client's condition and identified needs
7. explain how the treatment will be evaluated and reviewed
8. determine issues of confidentiality and legal constraints with the client and confirm their agreement
9. maintain appropriate records, in line with professional and legal requirements
10. obtain the consent of the client or where appropriate, their companion to proceed
11. interact with any companion(s) of the client in ways that are appropriate to the needs of the client and to your needs.

### D. Providing Crystal Therapy

1. ensure that the treatment environment is appropriate for the client and their needs
2. present a professional appearance and be prepared and fit to carry out the treatment
3. ensure that all equipment, materials, and the surrounding work area meet professional codes of practice, legal and organisational requirements
4. reassure the client and encourage them to relax and interact as needed
5. carry out the appropriate Crystal Therapy techniques chosen or determined from the broad range covered by the ACHO Core Curriculum\* safely and correctly
6. make appropriate adjustments to the techniques to meet the client's changing needs
7. explain the treatment, if appropriate, as it is carried out
8. deal effectively with responses to the treatment
9. check the client's well-being throughout the treatment and give reassurance where needed

10. provide clear and accurate aftercare information and advice to the client
11. advise and instruct the client the relevant self-care procedure(s) where appropriate
12. confirm the client's understanding of the recommended self-care procedure(s) and their use
13. ensure the client is fit to travel before they leave the premises
14. evaluate the experience you have gained from treating the client to improve future practice.

### **E. Concluding a Crystal Therapy Session**

1. discuss the outcomes and effectiveness of the Crystal Therapy and use of self-care in a manner and at a level and pace, suited to the client
2. encourage the client to evaluate their Crystal Therapy and use of self-care procedures
3. agree future Crystal Therapy requirements with the client
4. encourage clients to take responsibility for their own health, effective functioning and well-being
5. obtain the client's consent to pass on confidential information as appropriate
6. ensure records are kept, in line with professional and legal requirements
7. interact with any companion(s) of the client in ways that are appropriate to the needs of the client and to your needs
8. evaluate the experience you have gained from working with the client in the interests of best practice.

### **The Performance Criteria for an ACHO Crystal Therapy Practitioner as described above can act as:**

1. A useful self-assessment and monitoring procedure for both ACHO students and practitioners
2. A basis for formal practical assessment by a tutor, assessor or verifier

\* Crystal Therapy Practitioners must show an ability to perform a broad range of techniques as required by the ACHO Core Curriculum